

References

- Barstow, C. (2015). Right use of power: The heart of ethics: A guide and resource for professional relationships, 10th anniversary edition. Many Realms Publishing
- Brach, T. (2016, June 1). Tara Brach on real but not true: Freeing ourselves from harmful beliefs [Video]. Youtube. https://www.youtube.com/watch?v=yn8c1ex_eWs&feature=youtu.be
- Brown, B. (2021). Atlas of the heart: Mapping meaningful connection and the language of human experience. Random House Publishing Group.
- Crews, D., & Besthorn, F. H. (2016). Ecosocialwork and transformed consciousness: Reflections on ecomindfulness engagement with the silence of the natural world. *Journal of Religion & Spirituality in Social Work: Social Thought*, 35(1-2), 91-107. <https://doi.org/10.1080/15426432.2015.1067588>
- Kegan, R., Lahey, L. L., Miller, M. L., Fleming, A., & Helsing, D. (2016). An everyone culture: becoming a deliberately developmental organization. Boston, MA: Harvard Business Review Press.
- Kevany, K. (2018). Ecopsychology and sustainable development. In W. Leal Filho (Ed.), *Encyclopedia of Sustainability in Higher Education*. Springer. https://doi.org/10.1007/978-3-319-63951-2_387-1
- Lang, R. (2017). Celebrating who we are: Edited transcripts of headless way workshops. The Sholland Trust.
- Morad, N. (2017, September 28). Part 1: How to be an adult—Kegan’s theory of adult development. Medium. <https://medium.com/@NataliMorad/how-to-be-an-adult-kegans-theory-of-adult-development-d63f4311b553>
- Rosenberg, M. B. (2015). *Nonviolent Communication: A Language of Life*. PuddleDancer Press.
- Venugopalan, M., Karthiayani, V. P., & Rejikumar, G. (2023). Editorial: Green psychology: Nature and scope for sustainability. *Frontiers in Psychology*, 14, 1260680. <https://doi.org/10.3389/fpsyg.2023.1260680>
- Wacker, R., & Dziobek, I. (2018). Preventing empathic distress and social stressors at work through nonviolent communication training: A field study with health professionals. *Journal of Occupational Health Psychology*, 23(1), 141-150. <https://doi.org/10.1037/ocp0000065>